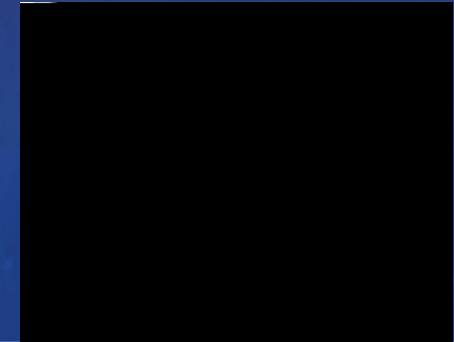
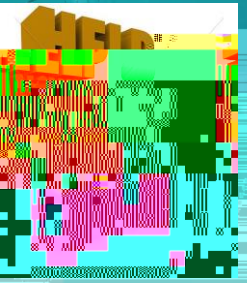


Do you need advice? Do you have a question that needs answering? Well Wolfie can help with that! All you have to do is write your question on a piece of paper and put it in Wolfie's box, which is located in the library. Once you're done, we'll try to feature it our next newspaper with an answer to your problem or question. Don't worry about your secrets being spilled, your question will be anonymous so no one will know who asked the question.





Dear Wolfie,

"I have a friend who is nice to me most of the time but is mean to me around other people."

From A Truman Student

Dear Truman Student,

I think you should try to find out why your friend is being mean to you. Tell your friend that it hurts your feelings when they treat you that way. You could say, "Hey, I notice you act differently with me in front of other people. Why is that? It makes me feel bad when you treat me like that." Sometimes it's as simple as that. However, at the end of the day, you might want to get some new friends if this friend won't tell you or give you a good reason on why they're being mean. Remember, a true friend is always there for you, even when other people are around. That's all I have for you and remember to talk to your counselor if things get out of control, because it's not too wise to take advice from a wolf (even a smart one like me.)

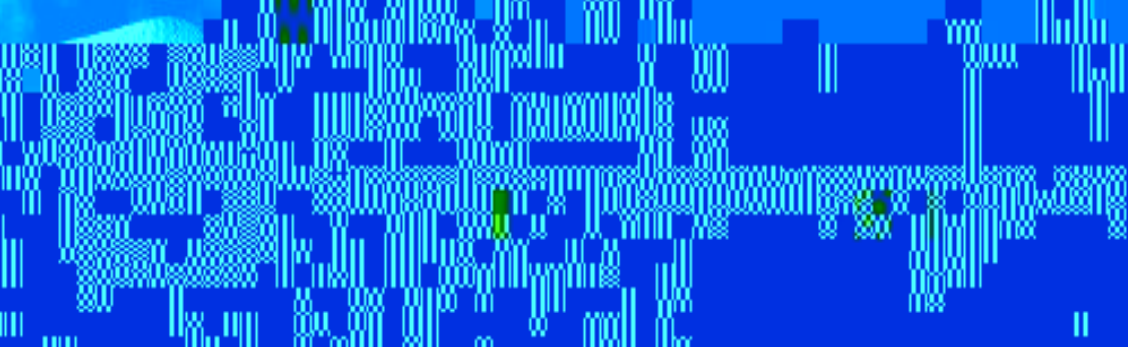
Best wishes,

Wolfie



JANUARY 28TH

DATA PRIVACY DAY



Data Privacy Day

By: Esmeralda Solorio

Data Privacy Day is an annual initiative to provide online privacy education and increase data protection awareness. It began in the U.S. and Canada in 2008 as an extension of Europe's Data Protection Day.

If you're interested in Data Privacy Day, there are several ways to get involved. The easiest way to start is by registering to become an individual Data Privacy Day Champion. By simply registering, you're declaring your dedication to respect privacy, safeguard data, and enable trust.

Data Privacy Day may be a one-day event, but it's imperative to maintain good privacy practices year-round. And there's no better way to protect your personal data than with encryption. The easiest way to apply encryption is through the regular use of a VPN. A VPN securely tunnels all your internet data to a private server.

In addition to encryption, there are several key privacy principles you should follow. First, be careful to not overshare. This includes everything from which companies you give your information to, to what you're posting on social media. Take a moment to consider who might see what you share, and how they can use it against you.

Second, take control of your privacy settings on all your devices and accounts. As general rule, only give apps and services the permissions they need to function. Location-data permissions, for example, should be given out sparingly.

Finally, look after your logins. To start, choose strong passwords, and use a different password for all your accounts. A strong password is long, difficult to guess, and contains a mix of numbers, letters, cases, and special characters. Remembering many complex passwords is difficult, so pick a password manager to help your cause. Next, enable multiple factor authentication for your

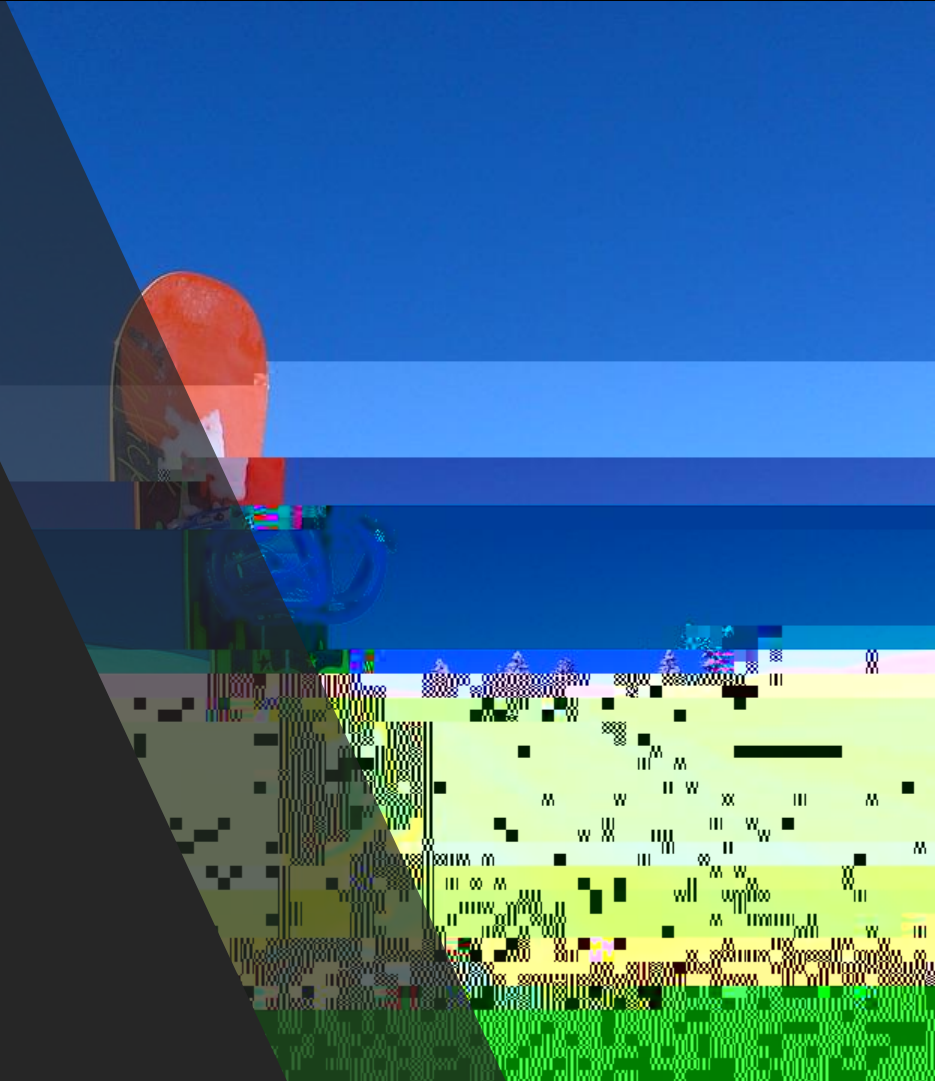
On Thursday December 5th I interviewed DSO Jeff. Jeff has been a DSO at Truman for 4 years. Before becoming a DSO, he was a police officer. He was a police officer for 12 years. DSO Jeff has many hobbies, including fishing and hanging out with his family. He has two children, a boy and a girl. One accomplishment he is most proud of is to be living back in California. His dream job is to be an entrepreneur. DSO Jeff's family is what motivates him. His

AF F JF
I D I F I

By: Jesus Villasenor

You might ask yourself sometimes where did snowboarding originate or come from? Well I'm going to tell you, it began in Muskegon, Michigan in 1965 where an engineer worked and lived with his two daughters. He invented a toy for them by fastening two skis together and attaching a rope to one end so he could have some control as he stood on the board and glided down the hill. And,

h\Uhg ck ck UFX] k Ug



Happy



How to celebrate Winnie the Pooh Day

- Step1: Think of how you can describe the characters personalities
- Step2: Watch Winnie The Pooh videos
- Step3: Sleep with your favorite stuffed animals or cuddle
- Step4: Draw your own house in the woods

Cast

Winnie the Pooh-
Jim Cummings
Owl- Craig Ferguson
Narrator- John Cleese
Eeyore- Bud Luckey
Rabbit- Tom Kenny
Piglet- Travis Oates
Kanga- Kristen Aderson-
Lopez
Christopher Robin-
Jack Boulter
Roo- Wyatt Dean Hall
Backson- Huell Howser

Facts

Tigger didn't appear until the second story ("The House at Pooh Corner")
Winnie the Pooh is inspired by a Canadian black bear named Winnie
Christopher Robin was inspired by A.A. Milne's son (Christopher Robin Milne)
Disney bought Winnie the Pooh from SSI in





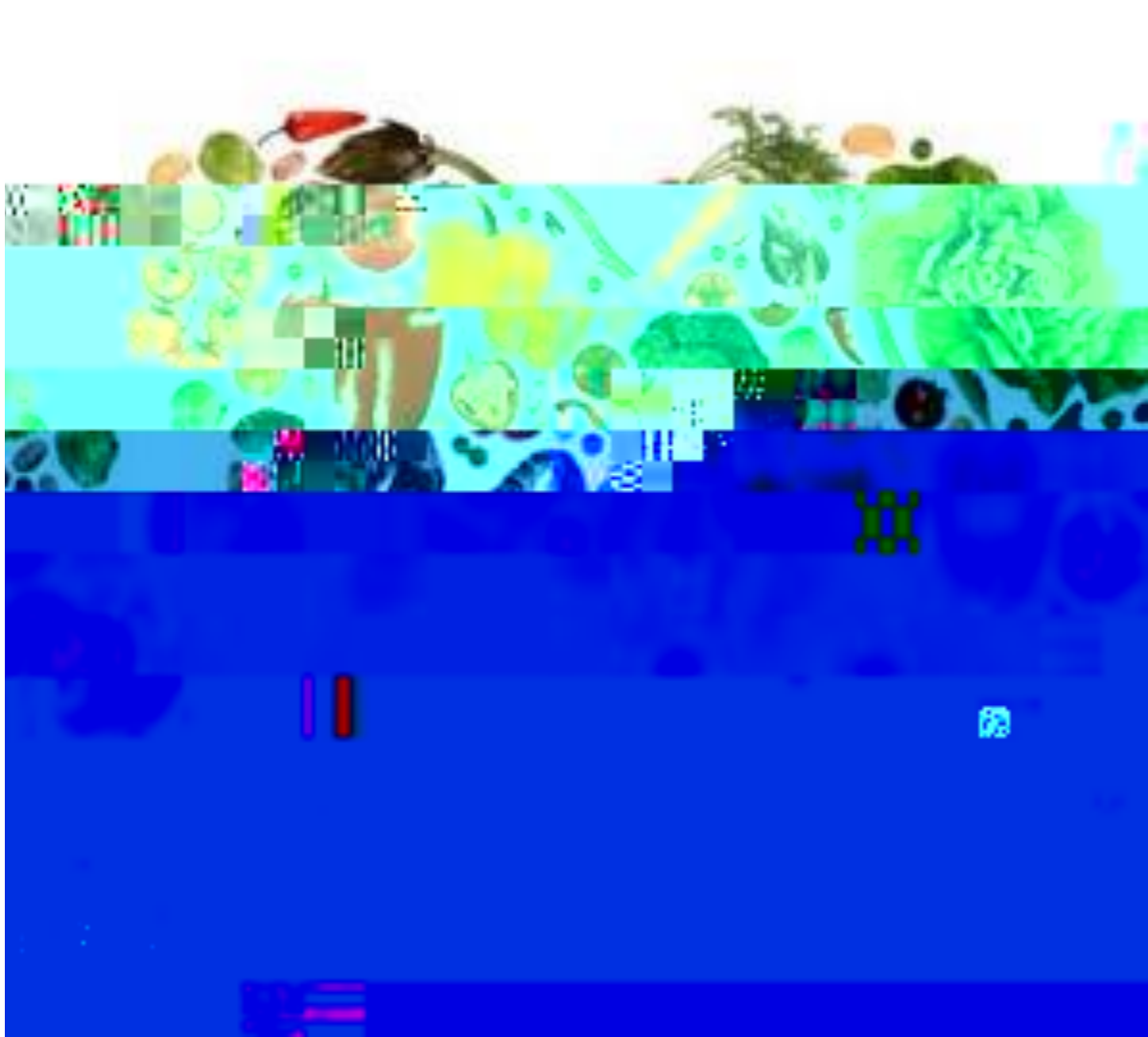
Kids should be taught cursive so they can feel comfortable with signing legal forms.

It builds an important muscle in the hand.

Cursive develops motor skills.

8 Exercises for Weight Loss.

1. Walking



1.) THE KETOGENIC DIET IS A HIGH FAT, LOW CARBOHYDRATE DIET.

2.) FOODS HIGH IN CARBOHYDRATES ARE LIMITED, AND REPLACED WITH FOODS THAT CONTAIN A HIGHER PERCENTAGE OF FAT AND PROTEIN.

3.) THE ATKINS DIET HAS BEEN USED FOR WEIGHT LOSS BUT IT MAY INCREASE THE RISK OF HEART DISEASE

4.) THE SOUTH BEACH DIET IS A POPULAR, DIET AND THE SOUTH BEACH DIET HAS A LOW GLYCEMIC INDEX.



Poem

Now is here a fine new start for a whole new year. The snow comes down in the dark of night. When we awake the world is white. In January when there's snow, we get our sleds and away we go. In January it's so nice while slipping on the sliding ice to sip hot chicken soup with rice. Sipping once, sipping twice, sipping chicken soup with rice.



A warm, steaming cup of tea is welcome at any time of the day, especially in the cold winter months. January is National Hot Tea Month; January 12 is National Hot Tea Day. The

By: Dorian Torreblanca





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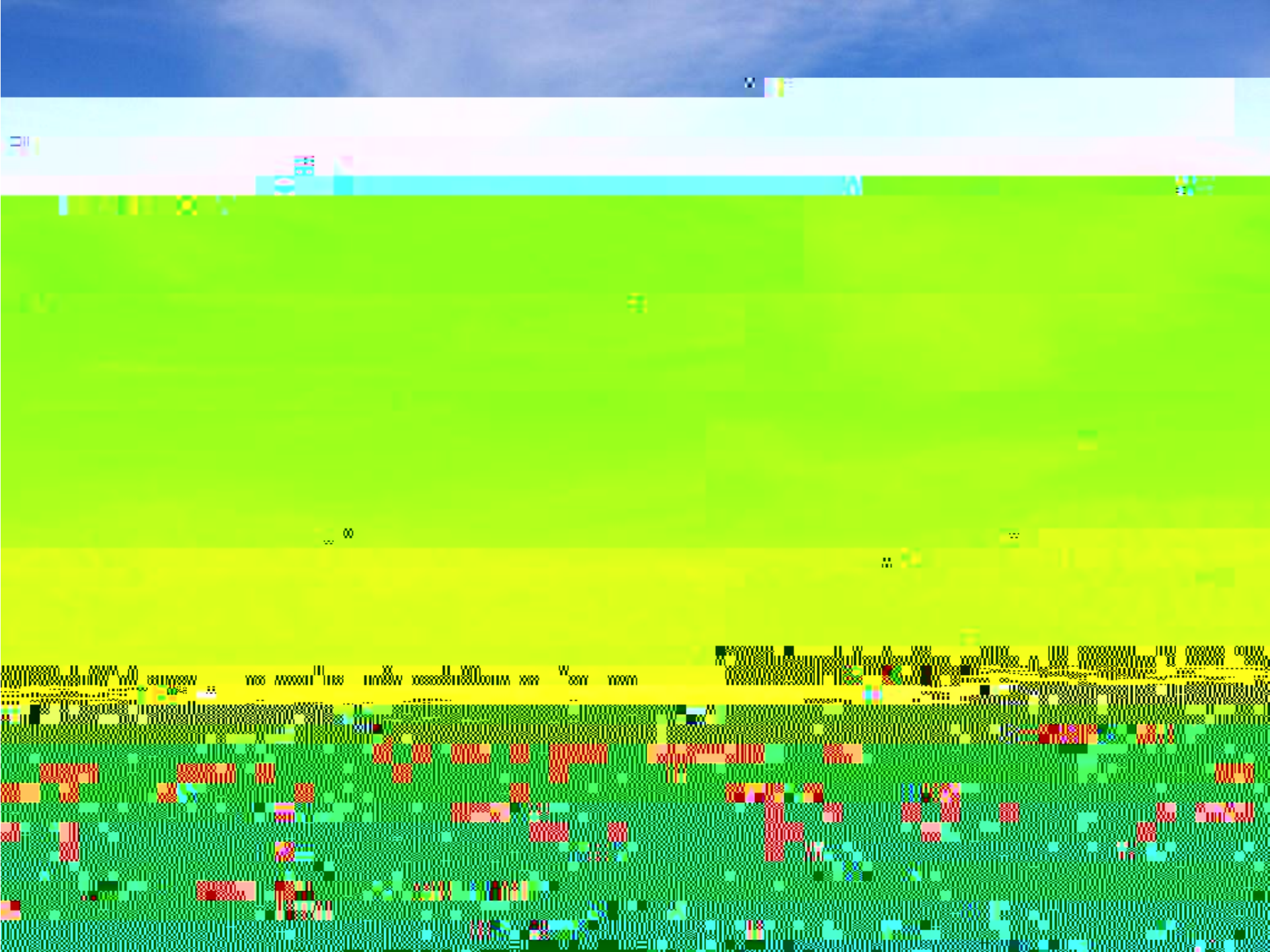
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garlic, ginger, and red chili flakes in a small pot and cook over medium, place orange juice, sugar, vinegar, soy sauce,

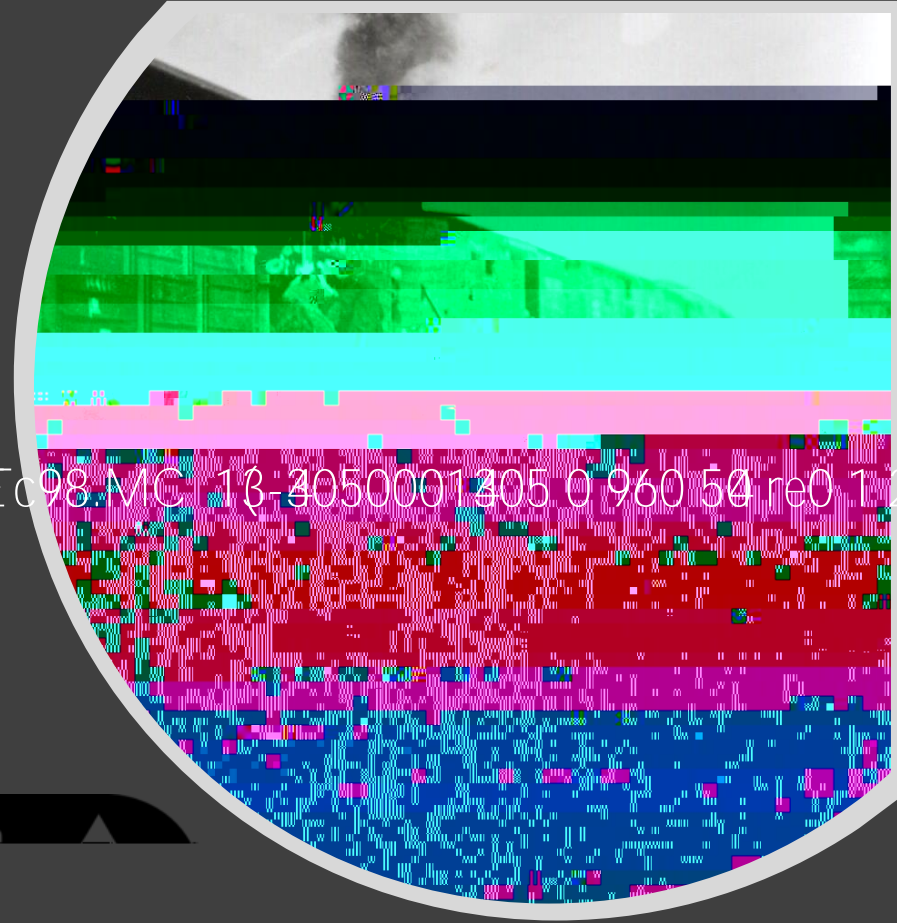


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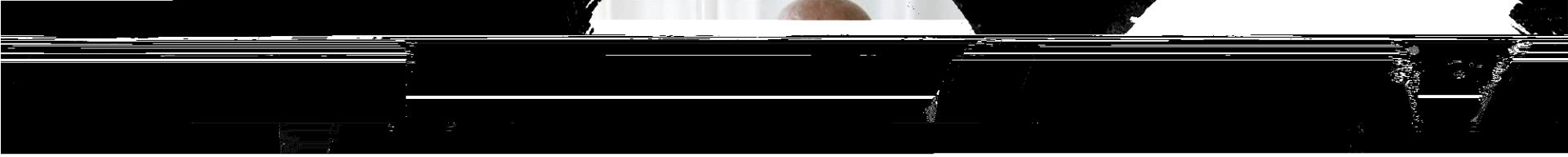
GI E OD IG E

Fontana, CA is a city in San Bernardino founded in 1913 by Azariel Blanchard Miller. Fontana's past history is interesting, but history and memories are still being made as Fontana continues to plan events for local residents to enjoy with their family. Although we have amazing spots to visit sometimes you need something different and Fontana helps you find that. On the 18th of January Fontana is having their annual community walk. The walk will start at the Fontana Park at 8:00 am. Come out to see and enjoy our city. On January 19th they are doing their make and create project. You can come out and make your own custom snow globe. It will take place at the Art Depot Gallery from 12:30pm to 3:30pm. The fee is \$3.00. On Saturday, the 25th, George's Burgers is doing a car show from 11:00am to 2:00pm. There will be raffles, games, and lots of other fun activities to do with your family. On the 26th, Sunday, the impact face-off is taking place at the Fontana Speed Way. This going to be a car show and drag racing.

Holocaust Remembrance Day is a day commemorating the tragedy of the Holocaust. The Holocaust was a genocide that killed about 6 million Jews and about 5 million Non-Jews. The reason the day is January 27th is because that is the day Auschwitz-Birkenau



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To learn more about Holocaust
Remembrance Day Click the Link

<https://www.ushmm.org/remember/international-holocaust-remembrance-day>

January 18th, 2020

The Truman Times

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Answers to word scramble - gloves, winter, hat, Martin Luther King,
snow, ice, ice skating, coat, gingerbread, hot chocolate



Truman Timberwolves on Twitter!
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